

**2016 SUMMER SHARES
NOW AVAILABLE!**

- 22 Weeks of Fresh Produce grown using organic practices
- June - October pickups at Round the Bend Farm, Dartmouth, MA (Tuesday or Friday, 2-7 pm)
- Full Share - feeds family of four (10-12 vegetable varieties per week): \$600-\$700
- Partial Share - individuals or couples (6-8 vegetable varieties per week): \$400-\$500



ROUND THE BEND FARM

ASHLEY'S PRODUCE

*Community
Supported
Agriculture*

2016 Brochure



Sole Proprietor: Ashley Brister

92 Allen's Neck Rd
Dartmouth, MA 02748
(508) 524-1007
acbrister@gmail.com



To Sign Up For a Share...

Please fill out our sign-up form and mail it to us with your payment. Printable forms are available at www.roundthebendfarm.org. Please call or e-mail Ashley with any questions you have.

Thank you for all the support and interest!

~Ashley Brister

About the Farm

Round The Bend Farm (RTB) is a working farm and soon to be learning center located in South Dartmouth Massachusetts. RTB seeks to localize culture, work, and wealth by exposing individuals to the basic tenets of sustainability. The vision is a community of growers, educators and agripreneurs who support themselves through food and farming businesses and nurture the public with real food and place-based education. As one of the farmers and agripreneurs at RTB, I am pleased to offer the community here on the South Coast shares in our vegetable Community Supported Agriculture Program for the 2016 season.

What is a CSA?

CSA's are a partnership between the farmer and consumer in which the CSA members help the farmer by paying up front for the entire season, guaranteeing a market for the farm's products, reducing packaging and food waste, and becoming directly involved in the farm.

How does it Work?

Shares reflect the diversity and abundance of produce grown at the peak of their season. Each week CSA members will receive a newsletter informing them of what will be in their share and recipes to help them make the best use of their fresh vegetables. From June through October, CSA members choose either Tuesday or Fridays to pick up their share of vegetables. Members should be aware that shares will typically start off with fewer items in the spring (an abundance of greens) and more in the fall. Availability is always contingent upon unpredictable environmental variables inherent in a growing season.



We offer partial and full size vegetable shares at RTB. Shares are offered on a sliding scale. Please pay what feels right to you knowing that anything above \$450 for the partial share and above \$650 for the full share will be assisting those who need to pay less.

An Example Share in August:

Full Share:	Partial Share:
1.5 lbs carrots	1 lb carrots
2 heads lettuce	1 heads lettuce
½ greens mix	½ lb greens mix or 2 head broccoli
2 heads broccoli	1 lb peppers
2 lbs peppers	1 lbs potatoes
3 lbs potatoes	2 lbs cucumbers or summer squash
3 lbs cucumbers or summer squash	2 lbs tomatoes
4 lbs tomatoes	1 lbs green beans
2 lbs green beans	1 bunch parsley
1 bunch parsley	

“Let food be thy medicine and medicine thy food.” - Hippocrates

List of Vegetable and General Harvest Seasons

EARLY SUMMER	SUMMER	FALL
Radishes	Lettuce	Bok Choi
Spinach	Greens Mix	Radishes
Kale	Swiss Chard	Turnips
Swiss Chard	Kale	Carrots
Scallions	Bok Choi	Beets
Broccoli Raab	Carrots	Lettuce
Carrots	Tomatoes	Greens Mix
Beets	Zuchinni	Arugula
Strawberries	Cucumbers	Spinach
Peas	Basil	Kale
Arugula	Dill	Swiss Chard
Broccoli	Cilantro	Beans
Cabbage	Summer Squash	Leeks
Lettuce	Beans	Potatoes
Bok Choi	Peppers	Sweet Potatoes
Greens Mix	Eggplant	Potatoes
Salad Turnips	Onions	Winter Squash
	Garlic	Broccoli
	Cantalope	Cauliflower
	Watermelon	Cabbage
	Beets	Parsnips
	Potatoes	Onions